



Delivery Date: _____

Meals on the Go
WEEK 1

Meals - \$10.00

- Roast Chicken w Gravy & Vegetables
- Beef Stroganoff
- Salmon Wellington & Vegetables
- Spaghetti Bolognese
- Silverside w/Vegetables & White Sauce
- Quiche Lorraine w Vegetables

Name: _____

Telephone: _____

Delivery Address: _____

Instructions: e.g. "Use Back Door"

Desserts - \$4.00

- Apple Crumble
- Apricot Crumble
- Apple & Blueberry Crumble

GF = Gluten Free

Please order by Wednesday 2pm at the latest - Phone: 6662 3800 or email: admin@windara.org.au
Deliveries will be the following Wednesday between 10am and 1pm